



Australian Association of
Musculoskeletal Medicine

2021 CONFERENCE



JOINING^{THE} DOTS

MAKING SENSE OF
MUSCULOSKELETAL PAIN

26-29 AUGUST

2021

RACV, NOOSA
QUEENSLAND

**PROVISIONAL
CONFERENCE PROGRAM**

Thursday 26th August 2021

9.00 - 16.00 Australasian Faculty of Musculoskeletal Medicine Retreat

9.00 - 17.00 PRE-CONFERENCE WORKSHOPS*

Workshop 1: Regenerative Injection Therapy (Dextrose Prolotherapy and PRP)

Dr Ramona Chryssidis, Dr Bruce Jones, Dr Chris Homan, Dr Margaret Taylor & Dr Zaid Matti (Noosa Sound Room)

Workshop 2: Assessment and movement therapy for brachial plexus/thoracic outlet

Mark Comerford - Physiotherapist, Brisbane (Weyba Room)

* Preference given to conference delegates . Stand-alone attendance only if places available.

18.00 **WELCOME FUNCTION:** Poolside Deck, RACV Noosa Resort

Friday 27th August, 2021

8.30 - 10.30 PLENARY 1 - EXPLORING LUMBO-SACRAL PAIN: PART ONE

8.30 - 8.45 President's Welcome and Overview of the conference theme

Dr Chris Homan

8.45 - 9.15 Regenerative Injection Therapy for SIJ

Dr Jeni Saunders, Sport and Exercise Physician, Sydney

9.15 - 9.45 Axial Spondyloarthritis

Professor Peter Nash, School of Medicine, Griffith University

9.45 - 10.15 Interpretation of lumbar MRI and a brief overview of SIJ imaging modalities

Dr Aziz Osman, QScan Radiology, Brisbane

10.15 - 10.25 MSK Micro-case

Dr Chris Homan

10.25 - 10.30 Session summary

10.30 - 11.00 MORNING TEA & INDUSTRY EXHIBITION

11.00 - 12.30 CONCURRENT WORKSHOPS

Workshop 1a Regenerative Injection Therapy for SIJ - Part One: Diagnosis
Noosa Sound Room
Dr Jeni Saunders, Sport and Exercise Physician, Sydney

Workshop 1b Landmark and Ultrasound-guided injections: Lateral hip bursae & abductor tendons, hip joint, sacroiliac joint ligaments
Weyba Room
Dr Bruce Jones, Dr Chris Homan, Dr Scott Masters, Dr Zaid Matti

Workshop 1c Assessment and Movement Therapy for SIJ
Magellan Room
Mark Comerford, Physiotherapist, Brisbane

Friday 27th August, 2021 cont.

12.30 - 13.30 LUNCH & INDUSTRY EXHIBITION

13.30 - 15.00 PLENARY 2 - EXPLORING LUMBO-SACRAL PAIN: PART TWO

13.30 - 13.55 Musculoskeletal Medicine research – an Australian perspective

[Dr Scott Masters, MSK Physician, Caloundra](#)

13.55 - 14.25 Neuroaxial intervention options for lumbosacral nociception

[Dr Mark Johnston, Specialist in Musculoskeletal Medicine, Auckland, NZ](#)

14.25 - 14.55 Surgical options for lumbosacral pain (spinal fusion, SIJ fusion, disc replacement, spinal stenosis; indications/when to refer/outcomes)

[Dr Steven Yang, Orthopaedic Spinal Surgeon, Brizbrain & Spine](#)

14.55 - 15.00 Session summary

15.00 - 15.30 AFTERNOON TEA & INDUSTRY EXHIBITION

15.30 - 17.00 CONCURRENT WORKSHOPS

Workshop 2a Regenerative Injection Therapy
for SIJ Part Two: Management

Noosa Sound
Room

[Dr Jeni Saunders, Sport and
Exercise Physician, Sydney](#)

Workshop 2b

Manual therapy of the spine

Magellan Room

[Dr Geoff Harding & Associate
Professor Michael Yelland](#)

Workshop 2c Landmark-guided and ultrasound
guided injections: knee joint,
ankle joint, plantar fascia

Weyba Room

[Dr Bruce Jones, Dr Chris Homan &
Dr Zaid Matti](#)

17.00 AAMM & NZAMM AGMs



Saturday 28th August, 2021

8.30 - 10.30 PLENARY 3 - EXPLORING THE THORACIC OUTLET

8.30 - 9.00 Interpretation of cervical MRI and dynamic assessment of thoracic outlet

[Dr James FitzGerald, QScan Radiology, Brisbane](#)

9.00 - 9.10 MSK Micro-case

[Associate Professor Michael Yelland](#)

9.10 - 9.40 Assessment and movement therapy for thoracic outlet

[Mark Comerford, Physiotherapist, Brisbane](#)

9.40 - 9.50 MSK Micro-case

[Dr Bruce Jones](#)

9.50 - 10.20 Update on Medicinal Cannabis

[Dr Peter Georgius, Pain Specialist, Noosa Heads](#)

10.20 - 10.30 Session summary

10.35 - 11.00 MORNING TEA & INDUSTRY EXHIBITION

11.00 - 12.30 CONCURRENT WORKSHOPS

Workshop 3a Assessment and movement
Magellan Room therapy for thoracic outlet -
manual therapy

[Mark Comerford,](#)
[Physiotherapist, Brisbane](#)

Workshop 3b Landmark and ultrasound guided
Weyba Room injections: subacromial bursa/rotator
cuff tendons, glenohumeral joint,
suprascapular nerve block, carpal
tunnel

[Dr Bruce Jones, Dr Chris Homan,](#)
[Dr Ramona Chryssidis, Dr Zaid Matti](#)

Workshop 3c CURE Program
Noosa Sound [Dr Serguei Kisselev,](#)
Room [MSK Physician, Sheffield TAS](#)

12.30 - 13.30 LUNCH & INDUSTRY EXHIBITION

13.30 - 15.00 PLENARY 4 - EXPLORING PAIN BIOLOGY AND PHARMACOLOGY

13.30 - 14.00 Update on Glia

[Professor Mark Hutchinson, Adelaide Medical School](#)

14.00 - 14.30 Neurobiology of Pain including OIH

[Emeritus Professor Maree Smith, University of Queensland](#)

14.30 - 15.00 Practical prescribing and clinical pearls for chronic pain

[Dr Brendan Moore, Pain Specialist, Axxon Pain Medicine, Brisbane](#)

Saturday 28th August, 2021 cont.

15.05 - 15.30 AFTERNOON TEA & INDUSTRY EXHIBITION

FREE AFTERNOON

19.00 - 21.30 Conference Dinner: Noosa Sound Room, RACV Noosa Resort

Guest Speaker: Dr Ian Norton Emergency Response Expert, Respond Global

Sunday 29th August 2021

9.00 - 12.00 PLENARY 5 - EXPLORING THE MIND AND BODY

9.00 - 9.30 The Mind-Body connection in pain – what happens at the cellular level?

[Professor Mark Hutchinson, Adelaide Medical School](#)

9.30 - 10.00 How human neurochemistry responds to acute pain and chronic pain and how it heals; in a clinical Magnetic Resonance Scanner

[Professor Carolyn Mountford, Professor of Radiology, Queensland University of Technology](#)

10.00 - 10.30 The Language of Pain

[Tim Cocks, Neuro Orthopaedic Institute](#)

10.30 - 11.00 MORNING TEA AND INDUSTRY EXHIBITION

11.00 – 11.30 CRPS update

[Dr Peter Georgius, Pain Specialist, Noosa Heads](#)

11.30 - 12.00 Rehabilitation of CRPS and neuropathic pain

[Sophie Stewart, Physiotherapist, Nambour Sports and Spinal](#)

12.00 - 12.30 The role of transdermal analgesics in the management of musculoskeletal and neuropathic pain

[Blaine Woods, Compounding Pharmacist, Brisbane](#)

12.00 – 12.15 Overview of the conference

[Dr Chris Homan](#)

12.15 CONFERENCE CLOSE

