



Australian
Association of
Musculoskeletal
Medicine

AUSTRALIAN ASSOCIATION OF
MUSCULOSKELETAL MEDICINE
2023 CONFERENCE

FINDING ^{THE}
BALANCE

Exploring the brain/body connection
in musculoskeletal pain

24-27
AUGUST
2023

JW MARRIOT
GOLD COAST
QUEENSLAND

PROGRAM



NZCMM
The New Zealand College of
Musculoskeletal Medicine

AFMM
AUSTRALASIAN FACULTY OF
MUSCULOSKELETAL MEDICINE



Thursday 24th August, 2023

9.00 - 12.00 **PRE-CONFERENCE WORKSHOPS***

Workshop 1a: Regenerative Injection Therapies Beechmont 2
Dr Ramona Chryssidis (Adelaide) & Dr Zaid Matti (New Zealand)

Workshop 1b: Intro to MSK USS Workshop Beechmont 1
Dr Bruce Jones (Brisbane) & Dr Rob Illingworth (Brisbane)

12.00 - 13.00 **Lunch**

13.00 - 17.00 **PRE-CONFERENCE WORKSHOPS***

Workshop 2a: Intro to MSK USS Workshop Beechmont 1
Dr Bruce Jones (Brisbane) & Dr Rob Illingworth (Brisbane)

Workshop 2b: Movement Rehabilitation of the Sacroiliac Joint Beechmont 2
Mark Comerford (Physiotherapist, Brisbane)

18.00 **WELCOME FUNCTION:** JW Marriott Binna Burra Room

Friday 25th August, 2023

8.30 - 10.30 **PLENARY 1 - NEUROBIOLOGY OF PAIN** Springbrook Room

8.30 - 8.55 President's Welcome and Overview of the conference theme

8.55 - 9.25 Influences in Neuroplasticity in the Pain Pathway
Dr Paul Frank | Pain Physician

9.25 - 9.55 The whole of patient approach to MSK pain
Dr Tom Choong | MSK Physician

9.55 - 10.25 Harnessing the Immune System in Managing Chronic Pain
Dr Joe Kluver | Pain Physician

10.25 - 10.30 Session summary

10.30 - 11.00 **MORNING TEA & INDUSTRY EXHIBITION** Binna Burra Room

Friday 25th August, 2023 cont.

11.00 - 12.30 CONCURRENT WORKSHOPS

Workshop 1a Shoulder Impingement/
instability assessment
Springbrook
Room
Mr Mark Comerford
(Physiotherapist)

Workshop 1b US guided injections upper limb
Beechmont 1
Dr Bruce Jones & Dr Rob
Illingworth (MSK Physicians)

Workshop 1c Intro to Regenerative injection
Therapies
Beechmont 2
Dr Ramona Chryssidis & Dr Zaid
Matti (MSK Physicians)

12.30 - 13.30 **LUNCH & INDUSTRY EXHIBITION**

Binna Burra Room

13.30 - 15.00 PLENARY 2 - PHYSICAL THERAPY PERSPECTIVES

Springbrook Room

13.30 – 13.55 Pelvic Pain and MSK mimics
Ms Fiona Rogers | Physiotherapist

13.55 - 14.25 Critique/limitations of the BPS approach
Mr Mark Comerford | Physiotherapist

14.25 – 14.55 CRPS
Ms Sophie Stewart | Physiotherapist

14.55 – 15.00 Session summary

15.00 - 15.30 **AFTERNOON TEA & INDUSTRY EXHIBITION**

Binna Burra Room

15.30 - 17.00 CONCURRENT WORKSHOPS

Workshop 2a Intradermal needling
Springbrook
Room
Dr Tom Choong (MSK Physician)

Workshop 2b US guided injections lower limb
Beechmont 1
Dr Rob Illingworth & Dr Bruce Jones
(MSK Physicians)

Workshop 2c Manual Therapies
Beechmont 2
Professor Michael Yelland & Dr
Geoff Harding (MSK Physicians)

17.00 **AAMM AGM**

Springbrook Room

Saturday 26th August, 2023

8.00 - 10.00	PLENARY 3 - TREATING THE WHOLE PERSON- THE BRAIN BODY LINK	Springbrook Room
8.00 – 8.30	Mind Body Link in Chronic Pain Dr Howard Schubiner Pain Physician, Michigan USA	
8.30 – 9.00	Mind Body Link in Chronic Pain Part 2 Dr Howard Schubiner Pain Physician, Michigan USA	
9.00 - 9.30	Insights on pain clinics in primary care Dr Scott Masters MSK Physician	
9.30 - 10.00	Equanimity via the inner ear: Rebalancing the brain & body in pain with vestibulocortical stimulation therapy Dr Trung Ngo Neuroscientist	
10.00 - 10.25	Navigating the Workcover Process Ms Kellie Finlay & Ms Angela Heather Lawyers	
10.25 - 10.30	Session summary	
10.30 - 11.00	MORNING TEA & INDUSTRY EXHIBITION	Binna Burra Room
11.00 - 12.30	CONCURRENT WORKSHOPS	
Workshop 3a	Introduction to TENS in practice	Workshop 3b Movement rehab of the SIJ
Beechmont 2	Ms Fiona Rogers (Physiotherapist)	Springbrook Room Mr Mark Comerford (Physiotherapist)
Workshop 3c	Ultrasound guided injections for hand and wrist Dr Rob Illingworth & Dr Bruce Jones (MSK Physicians)	
Beechmont 1		
12.30 - 13.30	LUNCH & INDUSTRY EXHIBITION	Binna Burra Room
13.30 - 15.00	PLENARY 4 - TREATMENT UPDATES	
13.30 - 14.00	Latest developments in regenerative injection therapies Dr Zaid Matti MSK Physician	
14.00 - 14.30	New developments in pain research Professor Mark Hutchinson Neuroscientist	
14.30 - 15.00	Placebo/Nocebo Mechanisms and Implications for Practice Dr Damien Finniss Pain Physician	
15.00 - 15.05	Session summary	
15.05 - 15.30	AFTERNOON TEA & INDUSTRY EXHIBITION	Binna Burra Room
<i>Free Afternoon</i>		
19.00 - 22.30	CONFERENCE DINNER: JW MARRIOTT, Tamborine Gallery Guest Speaker, Les McGuire	

Sunday 27th August 2023

9.00 – 10.30	PLENARY 5 - EHLERS DANLOS & HYPERMOBILITY DISORDERS	Springbrook Room
9.00 - 9.20	Introduction to EDS Dr Fraser Burling Rheumatologist	
9.20 - 9.40	POTS and EDS Dr Fraser Burling Rheumatologist	
9.40 - 10.00	Understanding MCAS Dr Mark Westaway Integrative Medicine Physician	
10.00 - 10.30	Physiotherapy Approach to Hypermobility Ms Sharon Hennessey Physiotherapist	
10.30 - 11.00	MORNING TEA AND INDUSTRY EXHIBITION	Binna Burra Room
11.00 - 12.00	PLENARY 6 - THERAPY UPDATES	Springbrook Room
11.00 – 11.30	Medicinal Cannabis in MSK Pain Dr Peter Georgius Pain Medicine Specialist	
11.30 - 12.00	Short Case Vignettes in MSK Pain	
12.00	CONFERENCE CLOSE	