

CERTIFICATE IN MUSCULOSKELETAL MEDICINE







EXTEND YOUR CLINICAL EXPERTISE AND GAIN VALUABLE HANDS-ON SKILLS WITH THE AAMM CERTIFICATE IN MUSCULOSKELETAL MEDICINE.

COMPREHENSIVE

INTERACTIVE

PRACTICAL

The course is highly relevant for GPs and Sports and Exercise Medicine, Pain Medicine and Rehabilitation Medicine physicians.

Registrars and trainees will find the content beneficial in preparation for their Fellowship exams.

Our interactive, hands-on workshops are run by senior musculoskeletal medicine doctors with years of clinical experience.

The certificate is offered in a modular format, to allow doctors to pace their learning to meet their own needs

IT IS RECOMMENDED THAT THE CERTIFICATE BE COMPLETED WITHIN THREE YEARS OF

COMMENCEMENT.

MODULE 1

Assessment and Management of LOW BACK PAIN

MODULE 2

Assessment and Management of **NECK AND UPPER BACK PAIN**

MODULE 3

Assessment and Management of **UPPER LIMB PAIN**

MODULE 4

Assessment and Management of **LOWER LIMB PAIN**

OUTLINE

The certificate comprises four modules that are useful in clinical practice individually, but collectively provide a comprehensive approach to upskilling in musculoskeletal medicine.

The certificate is awarded on successful completion of all four modules.

Modules are designed to be independent but also reinforcing of each other. They may be completed in any order.

MODULE COMPONENTS

Each module covers assessment (history, examination, investigation, clinical reasoning) and management (includes education, manual techniques, exercises, medication and injections).

The components of each module are:

- 1. Pre-reading of approximately 6 hours and a 15-item multiple choice question test to prepare for the workshop and reduce the time spent on knowledge/theory during the workshop.
- 2. A one day, highly interactive, practical workshop, comprising 7½ hours teaching, learning and assessment time. Our small group format, with lots of opportunity to practise hands-on skills maximises learning.
- 3. Submission of a case study allows you to discuss your assessment and management approach of one of your patients with your tutor.

FEES

AAMM MEMBER

\$800

NON-MEMBERS

\$950

NOTE: AAMM MODULES ARE AVAILABLE FOR MEDICAL PRACTITONERS ONLY

CANCELLATION POLICY
Please ensure you are aware of <u>AAMM's</u>
<u>cancellation policy</u> before registering.

EXTEND YOUR EXPERTISE GAIN HANDS-ON SKILLS



ASSESSMENT

The assessment and evaluation of each module comprises:

- 1. Completion and passing of a 15-item MCQ test based on the prereading and submitted before the workshop.
- 2. Adequate participation in small group discussions at the workshop.
- 3. Adequate physical examination skills assessed at the workshop.
- 4. Completion of a workshop evaluation form after the workshop.

On successful completion of all four modules, a certificate will be awarded to indicate a higher level of proficiency in musculoskeletal skills.

KNOWLEDGEABLE TUTORS SMALL GROUP LEARNING

INJECTION THERAPIES WORKSHOPS

To supplement knowledge and skills learnt during the Certificate in Musculoskeletal Medicine, the AAMM are introducing the following workshops:

INJECTION THERAPIES FOR HEADACHE, NECK AND UPPER BACK PAIN

Sunday 30 March 2025 Brisbane

INJECTION THERAPIES FOR UPPER LIMB PAIN Sunday 5 May 2025 Adelaide

INJECTION THERAPIES FOR LOWER LIMB PAIN Sunday 14 September 2025 Brisbane

INJECTION THERAPIES FOR LOW BACK PAIN Sunday 10 November 2025 Adelaide

NOTE: Attendance at the AAMM MSK Module is required for each of the above injection therapy workshops.

RACGP CPD HOURS & ACRRM PDP HOURS

An application is being made for approval of each module as an RACGP CPD Activity and as an ACRRM PDP activity for 8 Educational Activity Hours and 7 Reviewing Performance Hours.

UPCOMING MODULE DATES 2025

NECK AND UPPER BACK PAIN

Saturday 29 March 2025 Brisbane

UPPER LIMB PAIN

Saturday 4 May 2025 Adelaide

LOWER LIMB PAIN

Saturday 13 September 2025 Brisbane

LOW BACK PAIN

Saturday 9 November 2025 Adelaide

ENQUIRIES AND EXPRESSIONS OF INTEREST

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https://aamm.org.au/education/certificate-in-musculoskeletal-medicine

