



Australian Association of
Musculoskeletal Medicine

ADVANCED TREATMENT CERTIFICATE IN MUSCULOSKELETAL MEDICINE



EXPAND AND ADVANCE CLINICAL KNOWLEDGE AND SKILLS LEARNT IN THE AAMM CERTIFICATE OF MUSCULOSKELETAL MEDICINE WITH THE ADVANCED TREATMENT CERTIFICATE IN MUSCULOSKELETAL MEDICINE.

PRACTICAL

COMPREHENSIVE

TRANSFORMATIVE

The advanced treatment course is designed to build on and expand knowledge and skills learnt during the AAMM Certificate of Musculoskeletal Medicine. Highly relevant for GPs, Sports and Exercise Medicine, Pain Medicine and Rehabilitation Medicine physicians who work with musculoskeletal conditions on a regular basis.

This intensive and comprehensive program will enable practitioners to work confidently and effectively with a variety of musculoskeletal pain management techniques to improve patient mobility and quality of life. Developed in consultation with senior musculoskeletal medicine practitioners who bring together years of clinical experience and knowledge to enable members to provide a high level of patient care and treatment.

OUTLINE

The certificate comprises three modules that are useful in clinical practice individually, but collectively provide a comprehensive approach to musculoskeletal medicine. At the completion of the modules, an additional fourth assessment module can be completed to be eligible for the Advanced Treatment Certificate in Musculoskeletal Medicine.

Modules are designed to be independent but also reinforcing of each other. They may be completed in any order, with the expectation that the entire certificate be completed within one to two years. .

TREATMENT MODULE 1

Spinal Manual Therapies and Exercises.

TREATMENT MODULE 2

Injection Therapies: Prolotherapy, Perineural Therapy and Trigger Point Therapy

TREATMENT MODULE 3

Central Pain processing and treatment, informed selection of spinal interventions, secondary prevention strategies and tying it all together

ENROLMENT AND ASSESSMENT MODULE

Enrolment and Assessment requirements for granting of the certificate.

TREATMENT MODULE ONE: SPINAL MANUAL THERAPIES AND EXERCISES

This module includes a two-day workshop held in Brisbane, which provides training in:

- Applying spinal examination skills in selection of patients and appropriate manual therapies and exercises
- A range of mobilisation techniques in all spinal regions
- Specific manipulation techniques for the thoracic spine
- Muscle energy therapy exercises for the cervical spine
- Stretching exercises for all spinal regions
- Counter strain and positional release techniques for the cervical spine and chest wall pain.

Participants will attend a two-day workshop held in Brisbane.

TREATMENT MODULE TWO: INJECTION THERAPIES, PERINEURAL THERAPY AND TRIGGER POINT THERAPY

This module consists of a three-day workshop in Adelaide and will provide training in the following:

- Explaining the theory, practice, potential benefits and side effects to patients
- Demonstrating accurate surface markings for key neuromusculoskeletal structures
- Selection of appropriate patients
- Safe injection techniques using realistic animal models and patient demonstrations
- Apply appropriate treatment regimes and follow-up for patients with headache, neck and upper back pain likely to benefit from prolotherapy, perineural therapy and trigger point injections
- An introduction to platelet rich plasma injections for the sacroiliac joint and knee will also be provided in this module.

RECOGNITION FOR PRIOR LEARNING

Completion of all four regional one-day AAMM injection therapies workshops will be considered for recognition of prior learning for this module.

EXPAND YOUR SKILLS

*ADVANCED TREATMENT
TECHNIQUES*



TREATMENT MODULE THREE: PAIN AND ITS MANAGEMENT, SPINAL INTERVENTIONS AND MUSCULOSKELETAL MEDICINE OVERVIEW

This module consists of a two-day workshop in Brisbane and will provide training in the following:

- Pain theory and its application in practice
- Pain education and counselling
- Pain medication management
- Harnessing the placebo effect
- Informed referral for spinal interventions including nerve root blocks, epidurals, radio frequency ablations and spinal cord stimulators
- Treatment approaches/algorithms combining treatments in Musculoskeletal Medicine
- Secondary prevention of structural, postural and activity factors

PRE-READING REQUIREMENTS

It is anticipated that participants will be required to complete approximately 3-4 hours of pre-reading for each of modules 1, 2 and 3.

On successful completion of all three modules participants will be eligible to sit the Assessment Module to achieve the Advanced Treatment Certificate .

KNOWLEDGEABLE TUTORS

SMALL GROUP LEARNING

FEES

TREATMENT MODULE ONE:

\$1400

TREATMENT MODULE TWO:

\$2100

TREATMENT MODULE THREE:

\$1400

ENROLMENT AND ASSESSMENT MODULE:

REGISTRATION FEE

\$1000

This is payable at registration for the first module and guarantees a place in all three modules and the Assessment Module.

+

EXAMINATION FEE

\$1500

This is payable on completion of the first three modules and prior to submission of the first assessment piece.

ENROLMENT AND ASSESSMENT MODULE

Enrolment in and successful completion of this required for the granting of the Advanced Treatment Certificate in Musculoskeletal Medicine. The components of this module are as follows:

- Submission of a logbook of 20 cases/procedures over a 12 month period
- Attendance at 2 clinical observation sessions with a senior tutor (in person)
- Submission of a patient case history
- A written examination comprising both multiple choice and short answer questions
- Completion of a 45 minute clinical viva examination (online)

PRE-REQUISITES

Participants must have completed the below pre-requisites:

- Hold a current AAMM Membership
- Completed the AAMM Certificate of Musculoskeletal Medicine (or equivalent, to be approved by Convenor)

MORE INFORMATION

For more information, please review the Frequently Asked Questions for this certificate

ENQUIRIES AND EXPRESSIONS OF INTEREST

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