



Australian Association of
Musculoskeletal Medicine

CERTIFICATE IN MUSCULOSKELETAL MEDICINE



EXTEND YOUR CLINICAL EXPERTISE AND GAIN VALUABLE HANDS-ON SKILLS WITH THE AAMM CERTIFICATE IN MUSCULOSKELETAL MEDICINE.

COMPREHENSIVE

INTERACTIVE

PRACTICAL

The course is highly relevant for GPs and Sports and Exercise Medicine, Pain Medicine and Rehabilitation Medicine physicians.

Registrars and trainees will find the content beneficial in preparation for their Fellowship exams.

Our interactive, hands-on workshops are run by senior musculoskeletal medicine doctors with years of clinical experience.

The certificate is offered in a modular format, to allow doctors to pace their learning to meet their own needs

IT IS RECOMMENDED THAT THE CERTIFICATE BE COMPLETED WITHIN 3 YEARS OF COMMENCEMENT.

OUTLINE

The certificate comprises four modules that are useful in clinical practice individually, but collectively provide a comprehensive approach to upskilling in musculoskeletal medicine.

The certificate is awarded on successful completion of all four modules.

Modules are designed to be independent but also reinforcing of each other. They may be completed in any order.

MODULE 1

Assessment and Management of
LOW BACK PAIN

MODULE 2

Assessment and Management of
NECK AND UPPER BACK PAIN

MODULE 3

Assessment and Management of
UPPER LIMB PAIN

MODULE 4

Assessment and Management of
LOWER LIMB PAIN

MODULE COMPONENTS

Each module covers assessment (history, examination, investigation, clinical reasoning) and management (includes education, manual techniques, exercises, medication and injections).

The components of each module are:

1. Pre-reading of approximately 6 hours and a 15-item multiple choice question test to prepare for the workshop and reduce the time spent on knowledge/theory during the workshop.
2. A one day, highly interactive, practical workshop, comprising 7 ½ hours teaching, learning and assessment time. Our small group format, with lots of opportunity to practise hands-on skills maximises learning.
3. Submission of a case study allows you to discuss your assessment and management approach of one of your patients with your tutor.

EXTEND YOUR EXPERTISE

GAIN HANDS-ON SKILLS



ASSESSMENT

The assessment and evaluation of each module comprises:

1. Completion and passing of a 15-item MCQ test based on the prereading and submitted before the workshop.
2. Adequate participation in small group discussions at the workshop.
3. Adequate physical examination skills assessed at the workshop.
4. Completion of a workshop evaluation form after the workshop.

FEES

AAMM MEMBER

\$690

REGISTRAR/HOUSE OFFICER

\$690

NON-MEMBERS

\$790

REFRESHERS

\$540

NOTE: AAMM MODULES ARE AVAILABLE FOR MEDICAL PRACTITIONERS ONLY

On successful completion of all four modules, a certificate will be awarded to indicate a higher level of proficiency in musculoskeletal skills.

**KNOWLEDGEABLE
TUTORS**

SMALL GROUP LEARNING

INJECTION THERAPY WORKSHOPS

To supplement knowledge and skills learnt during the Certificate in Musculoskeletal Medicine, the AAMM are introducing Prolotherapy workshops for the following:

INJECTION THERAPIES FOR HEADACHE, NECK AND UPPER BACK PAIN

Sunday 3 March 2024
Adelaide

INJECTION THERAPIES FOR UPPER LIMB PAIN

Sunday 26 May 2024
Brisbane

INJECTION THERAPIES FOR LOWER LIMB PAIN

Sunday 22 September 2024
Adelaide

INJECTION THERAPIES FOR LOW BACK PAIN

Sunday 24 November 2024
Brisbane

NOTE: Attendance at the AAMM MSK Module is required for each of the above injection therapy workshops.

ENQUIRIES AND EXPRESSIONS OF INTEREST

EMAIL:
aamm.secretary@gmail.com

PHONE:
03 9586 6088

AAMM.ORG.AU

RACGP CPD HOURS & ACRRM PDP HOURS

An application is being made for approval of each module as an RACGP CPD Activity and as an ACRRM PDP activity for 8 Educational Activity Hours and 7 Reviewing Performance Hours.

UPCOMING MODULE DATES 2024

NECK AND UPPER BACK PAIN

Saturday 2 March 2024
Adelaide

UPPER LIMB PAIN

Saturday 25 May 2024
Brisbane

LOWER LIMB PAIN

Saturday 21 September 2024
Adelaide

LOW BACK PAIN

Saturday 23 November 2024
Brisbane



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