

# Australian Association of Musculoskeletal Medicine

## CERTIFICATE IN MUSCULOSKELETAL MEDICINE

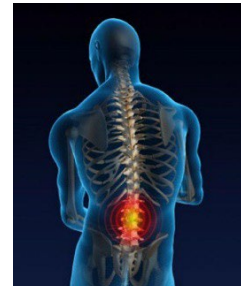
### MODULE 1

## ASSESSMENT AND MANAGEMENT OF LOW BACK PAIN

*A learning module for doctors wanting to boost their skills and confidence in managing low back pain.*

#### Learn how to:

- Sharpen your diagnostic skills with more focused history taking
- Refine your physical examination skills and understand your findings
- Target and interpret lumbar spinal investigations
- Make a specific diagnosis leading to effective treatment
- Perform basic manual therapy and trigger point injections in your office
- Prescribe appropriate exercises and medications



This module is the first of four modules leading to the award of the '**Certificate in Musculoskeletal Medicine**'. The course is taught by experienced musculoskeletal doctors and is consistently highly rated by participants.

Each module comprises a pre-reading component of ~ 6 hours in preparation for a 1 day interactive workshop with small group tutorials, hands on physical examination & treatment techniques and case discussions.

The 4 modules are (i) low back pain (ii) neck and upper back pain (iii) upper limb pain and (iv) lower limb pain.

Modules can be taken independently. All 4 modules must be successfully completed to receive the certificate.

<b>WHEN?</b>	<b>Saturday 3rd September 2022, 8.30 am – 5.00 pm</b>
<b>WHERE?</b>	Buddha House, 496 Magill Rd, Magill SA 5072
<b>TUTORS:</b>	Dr Ramona Chryssidis – Musculoskeletal Medicine Practitioner, Adelaide Dr Jennie Wright – GP & Musculoskeletal Medicine Practitioner, Adelaide
<b>MODULE COST:</b>	GPs \$690; AAMM members \$590; Registrars \$490; Medical Students and Refresher modules \$390 (includes pre-reading material, lunch, morning and afternoon tea)
<b>CONTACT:</b>	Enquiries to <a href="mailto:aamm.secretary@gmail.com">aamm.secretary@gmail.com</a> Visit <a href="https://aamm.org.au/education">https://aamm.org.au/education</a> to register



This module has approval as a RACGP CPD Accredited Activity (Activity Number 186163) allocated 40 CPD program points in the 2020-2022 triennium.

This activity is accredited with ACRRM (Activity Number 25467) and is eligible for 8 Educational Activity Hours and 7 Performance Review Hours.