



Australian Association of Musculoskeletal Medicine

CERTIFICATE IN MUSCULOSKELETAL MEDICINE

MODULE 1

ASSESSMENT AND MANAGEMENT OF LOW BACK PAIN

A learning module for doctors wanting to boost their skills and confidence in managing low back pain.

Learn how to:

- Sharpen your diagnostic skills with more focused history taking
- Refine your physical examination skills and understand your findings
- Target and interpret lumbar spinal investigations
- Make a specific diagnosis leading to effective treatment
- Perform basic manual therapy and trigger point injections in your office
- Prescribe appropriate exercises and medications



This module is the first of four modules leading to the award of the **'Certificate in Musculoskeletal Medicine'**. The course is taught by experienced musculoskeletal doctors and is consistently highly rated by participants.

Each module comprises a pre-reading component of ~ 6 hours in preparation for a 1 day interactive workshop with small group tutorials, hands on physical examination & treatment techniques and case discussions.

The 4 modules are (i) low back pain (ii) neck and upper back pain (iii) upper limb pain and (iv) lower limb pain.

Modules can be taken independently. All 4 modules must be successfully completed to receive the certificate.

WHEN?	Saturday 3rd September 2022, 8.30 am – 5.00 pm
WHERE?	Buddha House, 496 Magill Rd, Magill SA 5072
TUTORS:	Dr Ramona Chryssidis – Musculoskeletal Medicine Practitioner, Adelaide Dr Jennie Wright – GP & Musculoskeletal Medicine Practitioner, Adelaide
MODULE COST:	GPs \$690; AAMM members \$590; Registrars \$490; Medical Students and Refresher modules \$390 (includes pre-reading material, lunch, morning and afternoon tea)
CONTACT:	Enquiries to Carmela at aamm.sa.cert@gmail.com Visit https://aamm.org.au/courses for bookings and further details.



This module has approval as a RACGP CPD Accredited Activity (Activity Number 186163) allocated 40 CPD program points in the 2020-2022 triennium.

This activity is accredited with ACRRM (Activity Number 25467) and is eligible for 8 Educational Activity Hours and 7 Performance Review Hours.