# *ASSESSMENT AND MANAGEMENT OF LOW BACK PAIN*

*A learning module for doctors wanting to boost their skills and confidence with patients disabled with low back pain - and the first of four modules for the Certificate in Musculoskeletal Medicine*

Learn how to:

- Sharpen your diagnostic skills with more focused history taking
- Refine your physical examination skills and make sense of your findings
- Target and interpret lumbar spinal investigations.
- Make a specific diagnosis leading to effective treatment
- Do basic manual therapy and trigger point injections in your office
- Prescribe appropriate exercises and medications
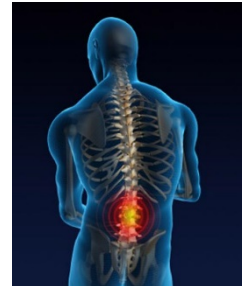
The module comprises a prereading component of ~ 6 hours in preparation for a day-long workshop of interactive tutorials, hands on physical examination and treatment techniques with feedback and case discussions, conducted with COVID-safe precautions.

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| **WHEN?** | **Saturday 12th November, 2022, 8.30 am – 5.00 pm** |
| **WHERE?** | **View Hotel, Kingsford Smith Drive & Hunt St, Hamilton, Brisbane** |
| CONVENOR: | Dr Michael Yelland – GP & Musculoskeletal Medicine Practitioner, Brisbane |
| | - Associate Professor, School of Medicine, Griffith University |
| MODULE COST: | GPs & Specialists- $690; AAMM members- $590; Registrars - $490; Medical Students and refresher modules- $390 |
| CONTACT: | Kim Ramillon at aamm.cert@gmail.com or phone 0475 091 625 for bookings or visit https://aamm.org.au/courses for further details |

This module is an RACGP CPD Accredited Activity (Activity Number 186163) and has been allocated 40 CPD program points in the 2020-2022 triennium. This activity is accredited with ACRRM (Activity Number 25378) and is eligible for 8 Educational Activity Hours and 7 Performance Review Hours.

The low back pain module is the first of <u>four</u> modules being offered by the Australian Association of Musculoskeletal Medicine leading to the award of the *'Certificate in Musculoskeletal Medicine'.* This is the fifth cycle of modules held in Brisbane, all previous modules being highly rated by participants. These modules cover the assessment and management of pain in the (i) low back, (ii) neck and upper back, (iii) upper limbs and (iv) lower limbs. Any of the modules can be taken independently but all four modules must be successfully completed to be awarded the certificate.