

## Australian Association of Musculoskeletal Medicine

#### 2022 Certificate in Musculoskeletal Medicine

#### **Comprehensive**

*Interactive* 

Practical



#### Module 1:

Assessment and Management of Low Back Pain

#### Module 2:

Assessment and Management of Neck and Upper Back Pain

#### Module 3:

Assessment and Management of **Upper Limb Pain** 

#### Module 4:

Assessment and Management of Lower Limb Pain

Extend your clinical expertise and gain valuable hands-on skills with the AAMM Certificate in Musculoskeletal Medicine

- The course is highly relevant for GPs and Sports and Exercise
   Medicine, Pain Medicine and Rehabilitation Medicine physicians.
- Registrars and trainees will find the content beneficial in preparation for their Fellowship exams.
- Our interactive, hands-on workshops are run by senior musculoskeletal medicine doctors with years of clinical experience.
- The certificate is offered in a modular format, to allow doctors to pace their learning to meet their own needs.

#### **Certificate Outline**

- The certificate comprises four modules that are useful in clinical practice individually, but collectively provide a comprehensive approach to upskilling in musculoskeletal medicine.
- The certificate is awarded on successful completion of all four modules.
- Modules are designed to be independent but also reinforcing of each other. They may be completed in any order.

#### **Schedule**

- Module workshops are held at three monthly intervals.
- o The rotating schedule is held in both Brisbane and Adelaide.
- Course registrants can attend workshops at either site.

#### **Module Components**

- Each module covers assessment (history, examination, investigation, clinical reasoning) and management (includes education, manual techniques, exercises, medication and injections).
- Content is mapped directly to the 'extended expertise' level of the RACGP curriculum musculoskeletal skills scope document.

#### Extend your expertise

#### Gain hands-on skills





#### Fees per module:

**GPs and Specialists** 

\$690

**AAMM** members

\$590

**Registrars/House Officers** 

\$490

**Medical students** 

\$390

Refresher modules

\$390

The components of each module are:

- 1. **Pre-reading** of approximately 6 hours and a 15-item multiple choice question test to prepare for the workshop and reduce the time spent on knowledge/theory during the workshop.
- 2. A one day, highly interactive, **practical workshop**, comprising 7 ½ hours teaching, learning and assessment time. Our small group format, with lots of opportunity to practise hands-on skills maximises learning.
- 3. Submission of a **case study** allows you to discuss your assessment and management approach of one of your patients with your tutor.

#### **Assessment for the Certificate**

The assessment and evaluation of each module comprises:

- 1. Completion and passing of a 15-item MCQ test based on the prereading and submitted before the workshop.
- 2. Adequate participation in small group discussions at the workshop.
- 3. Adequate physical examination skills assessed at the workshop.
- 4. Completion of a workshop evaluation form after the workshop.

On successful completion of all four modules, a certificate will be awarded that can be displayed as desired. The certificate will not be a registerable qualification with AHPRA, but can be used to indicate a higher level of proficiency in musculoskeletal skills.

#### **Module Fees**

 Fees cover all components of the module, including pre-reading resource, workshop meals, teaching and admin costs and GST.

#### Refunds

- If you are unable to attend, e.g. illness, please let us know by email
- A full refund will be given for cancellations made *before* the prereading resource is received.
- After receipt of pre-reading, a 50% refund will be given.

#### **RACGP CPD points and ACRRM PDP hours**

Low Back Pain

- **Knowledgeable Tutors**
- Small Group Learning
- An application for approval of each module as a CPD Accredited Activity (40 points) will be made to the RACGP.
- An application will be made to ACRRM PDP for 8 Educational Activity Hours and 7 Performance Review Hours.



### **Enquiries and expressions of interest**

Please contact

o e: aamm.cert@gmail.com

o p: 02 7256 4918

# Brisbane 2022 Neck and Upper Back Sunday Pain 27<sup>th</sup> March Upper Limb Pain Saturday 14<sup>th</sup> May Lower Limb Pain Saturday 6<sup>th</sup> August

Saturday

12<sup>th</sup> November

**Upcoming module dates for 2022** 

Adelaide 2022	
Upper Limb Pain	Sunday
	6 <sup>th</sup> March
Lower Limb Pain	Saturday
	18 <sup>th</sup> June
Low Back Pain	Saturday
	3 <sup>rd</sup> September
Neck and Upper Back	Saturday
Pain	26 <sup>th</sup> November



aamm.org.au