



Australian Association of
Musculoskeletal Medicine

CERTIFICATE IN MUSCULOSKELETAL MEDICINE



EXTEND YOUR CLINICAL EXPERTISE AND GAIN VALUABLE HANDS-ON SKILLS WITH THE AAMM CERTIFICATE IN MUSCULOSKELETAL MEDICINE.

COMPREHENSIVE

INTERACTIVE

PRACTICAL

The course is highly relevant for GPs and Sports and Exercise Medicine, Pain Medicine and Rehabilitation Medicine physicians.

Registrars and trainees will find the content beneficial in preparation for their Fellowship exams.

Our interactive, hands-on workshops are run by senior musculoskeletal medicine doctors with years of clinical experience.

The certificate is offered in a modular format, to allow doctors to pace their learning to meet their own needs

.IT IS RECOMMENDED THAT THE CERTIFICATE BE COMPLETED WITHIN 3 YEARS OF COMMENCEMENT.

OUTLINE

The certificate comprises four modules that are useful in clinical practice individually, but collectively provide a comprehensive approach to upskilling in musculoskeletal medicine.

The certificate is awarded on successful completion of all four modules.

Modules are designed to be independent but also reinforcing of each other. They may be completed in any order.

MODULE 1

Assessment and Management of
LOW BACK PAIN

MODULE 2

Assessment and Management of
NECK AND UPPER BACK PAIN

MODULE 3

Assessment and Management of
UPPER LIMB PAIN

MODULE 4

Assessment and Management of
LOWER LIMB PAIN

MODULE COMPONENTS

Each module covers assessment (history, examination, investigation, clinical reasoning) and management (includes education, manual techniques, exercises, medication and injections).

The components of each module are:

1. Pre-reading of approximately 6 hours and a 15-item multiple choice question test to prepare for the workshop and reduce the time spent on knowledge/theory during the workshop.
2. A one day, highly interactive, practical workshop, comprising 7 ½ hours teaching, learning and assessment time. Our small group format, with lots of opportunity to practise hands-on skills maximises learning.
3. Submission of a case study allows you to discuss your assessment and management approach of one of your patients with your tutor.

EXTEND YOUR EXPERTISE

GAIN HANDS-ON SKILLS



ASSESSMENT

The assessment and evaluation of each module comprises:

1. Completion and passing of a 15-item MCQ test based on the prereading and submitted before the workshop.
2. Adequate participation in small group discussions at the workshop.
3. Adequate physical examination skills assessed at the workshop.
4. Completion of a workshop evaluation form after the workshop.

On successful completion of all four modules, a certificate will be awarded to indicate a higher level of proficiency in musculoskeletal skills.

FEES

AAMM MEMBER

\$640

REGISTRAR/HOUSE OFFICER

\$640

NON-MEMBERS

\$740

REFRESHERS

\$490

NOTE: AAMM MODULES ARE AVAILABLE FOR MEDICAL PRACTITIONERS ONLY

**KNOWLEDGEABLE
TUTORS**

SMALL GROUP LEARNING

INJECTION THERAPY WORKSHOPS

To supplement knowledge and skills learnt during the Certificate in Musculoskeletal Medicine, the AAMM are introducing Prolotherapy workshops for the following:

INJECTION THERAPIES FOR HEADACHE, NECK AND UPPER BACK PAIN

Sunday 12 March 2023
Brisbane

INJECTION THERAPIES FOR UPPER LIMB PAIN

Sunday 21 May 2023
Adelaide

INJECTION THERAPIES FOR LOWER LIMB PAIN

Sunday 6 August 2023
Brisbane

INJECTION THERAPIES FOR LOW BACK PAIN

Sunday 12 November 2023
Adelaide

NOTE: Attendance at the AAMM MSK Module is required for each of the above injection therapy workshops.

ENQUIRIES AND EXPRESSIONS OF INTEREST

EMAIL:
aamm.secretary@gmail.com

PHONE:
02 7256 4918

RACGP CPD HOURS & ACRRM PDP HOURS

An application is being made for approval of each module as an RACGP CPD Activity and as an ACRRM PDP activity for 8 Educational Activity Hours and 7 Reviewing Performance Hours.

UPCOMING MODULE DATES FOR 2023

NECK AND UPPER BACK PAIN

Saturday 11 March 2023
Brisbane

UPPER LIMB PAIN

Saturday 20 May 2023
Adelaide

LOWER LIMB PAIN

Saturday 5 August 2023
Brisbane

LOW BACK PAIN

Saturday 11 November 2023
Adelaide



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