

AUSTRALIAN ASSOCIATION OF MUSCULOSKELETAL MEDICINE

**SPECIAL
OFFER**

50% OFF
FOR REGISTRARS AND
MEDICAL STUDENTS

PAIN... THE BIG PICTURE.

MERGING PERSPECTIVES
FOR BETTER OUTCOMES.

**24-27
OCTOBER
2019**

**RYDGES SOUTH BANK
BRISBANE**

KEYNOTE SPEAKERS

Bradley Fullerton, M.D
Physical Medicine &
Rehabilitation.
Texas, USA



Dr Stanley Lam
Musculoskeletal
Medicine, Hong Kong



The Organising Committee look forward to welcoming delegates to the **2019 Conference** in beautiful Brisbane.

The conference will focus on emerging treatments in musculoskeletal medicine through workshops, updates in clinical practice, relevant expert presentations and skills sessions.

The Conference theme '**Pain...the big picture. Merging perspectives for better outcomes**' lends itself to a wide range of treatment approaches including regenerative injections, medications (including medical cannabis), acupuncture, laser therapy, manual therapy, exercise, spinal cord stimulators and inversion machines.

Our two distinguished international Keynote speakers will introduce us to the world of biotensegrity & fascia & ultrasound guided peripheral nerve hydrodissection techniques.

REGISTER NOW

<https://www.registernow.com.au/secure/Register.aspx?E=34331>

Enquiries: NC Events
T: 0439 841 048
E: ncosta@ncevents.com.au
conference.aamm.org.au



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THURSDAY 24TH OCTOBER	
9.00 - 16.00	AFMM/NZAMM Retreat
9.00 - 17.00	Full day Preconference Workshops Workshop 1: Injections for Pain: Introduction to Prolotherapy Dr Margaret Taylor Workshop 2: PRP & Musculoskeletal Ultrasound Dr Zaid Matti & Dr Ramona Chryssidis
18.00	Welcome Function Soleil Bar, Rydges South Bank

FRIDAY 25TH OCTOBER	
8.30	President’s Welcome
8.45 - 10.30	PLENARY 1
8.45 - 9.00	Overview of the conference theme Dr Lucy Holtzhausen
9.00 - 9.25	Pain systems theory in the individual patient Dr Chris Homan
9.25 - 10.05	The role of fascia and biotensegrity in musculoskeletal pain; treating the fascia Dr Bradley Fullerton
10.05 - 10.30	Review of self-help strategies for spinal pain Dr Giresh Kanji
10.30 - 11.00	Morning Tea & Industry Exhibition
11.00 - 12.30	CONCURRENT WORKSHOPS
<div> Workshop 1a Managing spinal pain with self help strategies Dr Giresh Kanji </div> <div> Workshop 1b Pain - the small pictures: Using your library of visual “aides memoires” to quickly and effecvely communicate all aspects of pain management Dr Geoff Harding </div>	
<div> Workshop 1c Assessing and treating the fascia with ultrasound guided injections and exercises Dr Bradley Fullerton </div> <div> Workshop 1d Maximising response to manual therapy Dr Paul Cleary </div>	
12.30 - 13.30	Lunch & Industry Exhibition
13.30 - 15.10	PLENARY 2
13.30 - 13.55	Needle and laser acupuncture Dr Thomas Choong
13.55 - 14.20	Photobiomodulation Dr Liisa Laakso
14.20 - 14.50	Finding and treating the spinal nociceptors Dr Paul Verrills
14.50 - 15.10	Role of physio in chronic pain management Mark Comerford
15.10 - 15.30	Afternoon Tea & Industry Exhibition
15.30 - 17.00	CONCURRENT WORKSHOPS
<div> Workshop 2a Assessment for spinal interventions Dr Paul Verrills </div> <div> Workshop 2b Role of physio in chronic pain management Mark Comerford </div>	
<div> Workshop 2c Getting started with laser Dr Liisa Laakso </div> <div> Workshop 1d Palpation-guided injections and nerve blocks Assoc. Professor Michael Yelland & Dr Steve Jensen </div>	
17.00	AAMM & NZAMM AGMs

SATURDAY 26TH OCTOBER	
8.30 - 10.30	PLENARY 3
8.30 - 9.00	Ethical harnessing of placebo effects in clinical practice Dr Damien Finniss
9.00 - 9.20	Trustworthiness and placebo effect Dr Claire Ashton-James
9.20 - 9.45	Practical tips for maximising analgesic effects Dr Gavin Pattullo
9.45 - 10.30	Ultrasound guided hydrodissection/ hydrorelease of nervous structures, peripheral nerves Dr Stanley Lam
10.30 - 11.00	Morning Tea & Industry Exhibition
11.00 - 12.30	CONCURRENT WORKSHOPS
<div> Workshop 3a Harnessing the power of the placebo Dr Damien Finniss, Dr Claire Ashton-James & Dr Gavin Pattullo </div> <div> Workshop 3b Ultrasound guided hydrodissection/hydrorelease of nervous structures, peripheral nerves Dr Stanley Lam & Dr Philip Lim </div>	
Workshop 3c Generalised joint hypermobility and Ehlers-Danlos Syndrome Dr Lucy Holtzhausen	
12.30 - 13.20	Lunch & Industry Exhibition
13.20 - 15.00	PLENARY 4
13.20 - 13.50	Update on genomics and musculoskeletal pain Professor Mark Hutchinson
13.50 - 14.20	The role of ligaments, prolotherapy and PRP injections in musculoskeletal pain Dr Bradley Fullerton
14.20 - 1500	Ultrasound guided hydrodissection/hydrorelease of nervous structures, neuroaxial and spine Dr Stanley Lam
15.00 - 15.30	Afternoon Tea & Industry Exhibition
15.30 - 17.00	CONCURRENT WORKSHOPS
<div> Workshop 4a Harnessing the power of the placebo (repeat of morning workshop) Dr Damien Finniss, Dr Claire Ashton-James & Dr Gavin Pattullo </div> <div> Workshop 4b Ultrasound guided hydrodissection/hydrorelease of nervous structures, neuroaxial & spine Dr Stanley Lam </div>	
Workshop 4c Optimising outcomes with Prolotherapy and PRP injections Dr Bradley Fullerton	
19.00 for 19.30	Conference Dinner at the Queensland Cricketers Club

SUNDAY 27TH OCTOBER	
7.00 - 8.50	Breakfast Workshop: Medicinal Cannabis
9.00 - 10.30	PLENARY 5
9.00 - 9.30	Medical cannabis Dr Robert Wright
9.30 - 10.00	Trigger points Dr John Kuttner
10.00 - 10.30	The role of joints in musculoskeletal pain Dr Paul Cleary
10.30 - 11.00	Morning Tea & Industry Exhibition
11.00 - 12.30	PLENARY 6
11.00 - 11.30	The language of pain Dr Tim Cocks
11.30 - 12.30	Conference summary, case discussion and panel on integrating peripheral and central approaches to maximise outcomes Dr Lucy Holtzhausen, Dr Chris Homan, Dr Tim Cocks, Dr Brad Fullerton, Dr Mark Johnston
12.30	CONFERENCE CLOSE