



The New Zealand Association of Musculoskeletal Medicine



NZAMM 2020 – Mini Conference Topic: Lower Limb

Retreat	Friday	2 nd October	12.00pm - 4.30pm
AGM's (NZAMM/AFMM)	Friday	2 nd October	5.00pm - 6.30pm
Conference	Saturday	3 rd October	8.00am - 5.00pm
Workshops	Sunday	4 th October	8.00am - 12.30pm

Venue:	James Cook Hotel, Grand Chancellor, Wellington
Cost: (Incl GST)	Full (excl dinner) \$500.00 (Friday; Saturday; Sunday)
	Full (trainee) \$400.00
	Friday \$110.00
	Saturday \$280.00
	Sunday \$190.00
	Friday/Saturday \$350.00
	Saturday/Sunday \$440.00
Attendance by Zoom	Saturday only \$200.00
Dinner / Band	Saturday 7.00pm Dinner, table wine and entertainment \$120 p/p (bar tab available)

Registration: Email: brenda.evitt@nzamm.org.nz to confirm your place
Payment: Internet Banking: NZ Association of Musculoskeletal Medicine
BNZ 02-0390-0124462-001
Code: Wellington Conference : Surname and initial

Refreshments: **Friday** Afternoon tea
Saturday Morning; afternoon tea and lunch
Sunday Morning tea
Please let us know of any special dietary requirements upon registration.

Accommodation: James Cook Hotel, Grand Chancellor, Wellington
<https://www.grandchancellorhotels.com/james-cook-hotel-grand-chancellor>
147 The Terrace, Wellington (or lift access via James Cook Arcade on Lambton Quay)
Tel: 04 495 0279

We are pleased to confirm that the James Cook Hotel has these rooms available at the following rate:

- Terrace room \$130.00
- Terrace Rooms are located on the lower floors of the hotel and feature two Double Beds.

All rooms feature:

Ensuite bathroom | Complimentary Wi-Fi | Minibar | Tea & Coffee making facilities | Iron & board | Hairdryer Air conditioning | Corporate Desk | LCD TV

Hotel Amenities Valet Parking | 24-hour Reception & Concierge | Wi-Fi | 24-hour Room Service Menu | Two Restaurant and Bars | Conference Facilities | Pedestrian access to Lambton Quay

Sojourn Restaurant is located in our lobby. Breakfast is open 6:30am-10:30am.

There is an A La Carte menu available for Breakfast, Lunch and Dinner. Prices change depending on what is ordered.

Menu and prices on our website. <https://www.grandchancellorhotels.com/james-cook-hotel-grand-chancellor>

HOW TO ACCESS YOUR CONFERENCE ACCOMMODATION RATES 2nd - 4th Oct 2020

Your group code is: 359457 Go to: [James Cook Hotel Grand Chancellor](https://www.grandchancellorhotels.com/james-cook-hotel-grand-chancellor)

Room Type: Terrace Room

Rates: \$130 Room Only - Prices include GST tax of 15%

Method of Payment: All guests to book & pay direct

Rates quoted are per room, per night on a single, double, or twin occupancy.

Email: Amendments and cancellation can be made 48hrs prior to arrival, rooms will be subject to availability at time of booking. groups@jamescookhotel.co.nz

What to Expect at the 2020 Mini Conference - Please see below for the provisional programme

Programme Convenor: Dr Stu Thomson drstu61@hotmail.com

❖ The event is open to Medical Practitioners and other interested Health Professionals.

Guest speakers: Professor Jill Cook (La Trobe University, Melbourne) – by Zoom,

Mr Bruce Twaddle (Orthopaedic Surgeon),

Dr Iain Bell (Musculoskeletal Medicine Physician),

Dr Zaid Matti (Musculoskeletal Medicine Physician)

Mini Conference 2020 Programme (Provisional) – LOWER LIMB

Friday 2nd October - NZAMM Retreat

12.00 pm	Welcome:	
	Fellows Audit presentations: 10 – 15 mins each	NZAMM Fellows
2.30 – 3.00 pm	AFTERNOON TEA	Will be served
	NZAMM Business: NZMC Reaccreditation, ACC Update, Strategic Plan, Training Programme Update, Website, 'MuscMed Wiki'	NZAMM Exec
4.45pm	FINISH	

Saturday 3rd October 2020 - Tendons and the lower limb in musculoskeletal medicine

8.00am	Registration and coffee	
8.30am	Welcome	
8.45 - 10.15am	Session 1	
	Evidence-based Musculoskeletal Point of Care Ultrasound – Does it Exist?	Dr Iain Bell
	Differential Diagnosis of Tendon Pain (provisional title)	Prof. Jill Cook
10.15 - 10.45am	MORNING TEA	Will be served
10.45 - 12.15pm	Session 2	
	Interventions for Tendon problems (provisional title)	Prof. Jill Cook
	The Use of PRP in Tendon Pathology	Dr Zaid Matti
12.15 - 1.15pm	LUNCH	Will be served
1.15 - 2.45pm	Session 3	
	Surgical Approach to Tendon problems Around the Ankle (provisional title)	Mr Bruce Twaddle
	The Use of PRP in Degenerative Joint Disease	Dr Zaid Matti
2.45 - 3.15pm	AFTERNOON TEA	Will be served
3.15 - 4.45pm	Session 4	
	Meniscal Surgery – the Current Status (provisional title)	Mr Bruce Twaddle
	US Assessment of the Ankle and Foot	Dr Iain Bell
4.45pm	FINISH	

Sunday 4th October 2020 - Ultrasound and PRP in musculoskeletal medicine

8.00 - 10am	Workshop 1 – PRP in Hip/Knee Osteoarthritis	Dr Zaid Matti
10.00 - 10.30am	MORNING TEA	Will be served
10.30am - 12.30pm	Workshop 2 – US Guided Injections – Fundamentals and Common Injection Techniques	Dr Iain Bell
12.30pm	FINISH	

We look forward to seeing you there!