

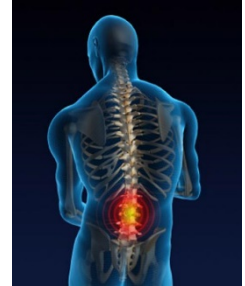
## AUSTRALIAN ASSOCIATION OF MUSCULOSKELETAL MEDICINE

### **ASSESSMENT AND MANAGEMENT OF LOW BACK PAIN**

*A learning module for doctors wanting to boost their skills and confidence with patients disabled with low back pain - and the first of four modules for the Certificate in Musculoskeletal Medicine*

Learn how to:

- Sharpen your diagnostic skills with more focused history taking
- Refine your physical examination skills and make sense of your findings
- Target and interpret lumbar spinal investigations.
- Make a specific diagnosis leading to effective treatment
- Do basic manual therapy and trigger point injections in your office
- Prescribe appropriate exercises and medications



The module comprises a prereading component of ~ 6 hours in preparation for a day-long workshop of interactive tutorials, hands on physical examination and treatment techniques with feedback and case discussions. COVID-safe social distancing will be practiced and mask and gloves worn in hands-on segments.

<b>WHEN?</b>	<b>Saturday 14 November, 2020, 8.30 am – 5.00 pm</b>
<b>WHERE?</b>	<b>View Hotel, Kingsford Smith Drive &amp; Hunt St, Hamilton, Brisbane</b>
<b>TUTORS:</b>	Dr Michael Yelland – GP & Musculoskeletal Medicine Practitioner, Brisbane - Associate Professor, School of Medicine, Griffith University Dr Geoff Harding – Musculoskeletal Medicine Practitioner, Brisbane Dr Neil Hearnden - GP & Musculoskeletal Medicine Practitioner, Brisbane Dr Tore Eivers – GP & Musculoskeletal Medicine Practitioner, Redlands Dr Scott Masters – GP & Musculoskeletal Medicine Practitioner, Caloundra
<b>MODULE COST:</b>	GPs & Specialists- \$640; AAMM members- \$540; Registrars - \$440; Medical Students and repeat modules- \$340
<b>CONTACT:</b>	Kim Ramillon at <a href="mailto:aamm.cert@gmail.com">aamm.cert@gmail.com</a> or phone 0475 091 625 for bookings or visit <a href="https://aamm.org.au/courses-conference/">https://aamm.org.au/courses-conference/</a> for further details

This module is an RACGP CPD Accredited Activity (Activity Number 186163) and has been allocated 40 CPD program points in the 2020-2022 triennium. This activity is accredited with ACRRM (Activity Number 19007) and is eligible for 8 Educational Activity Hours and 7 Performance Review Hours.



The low back pain module is the first of four modules being offered by the Australian Association of Musculoskeletal Medicine leading to the award of the 'Certificate in Musculoskeletal Medicine'. This is the fourth cycle of modules held in Brisbane, the first three being highly rated by participants. These modules cover the assessment and management of pain in the (i) low back, (ii) neck and upper back, (iii) upper limbs and (iv) lower limbs. Any of the modules can be taken independently but all four modules must be successfully completed to be awarded the certificate.