



Australian Association of Musculoskeletal Medicine  
**CERTIFICATE IN MUSCULOSKELETAL MEDICINE**

**MODULE 2**

**ASSESSMENT and MANAGEMENT of NECK and UPPER BACK PAIN**

*A learning module for doctors wanting to boost their skills and confidence in managing neck and upper back pain.*

**Learn how to:**

- Sharpen your diagnostic skills with more focused history taking
- Refine your physical examination skills and understand your findings
- Target and interpret lumbar spinal investigations
- Make a specific diagnosis leading to effective treatment
- Perform basic manual therapy and trigger point injections in your office
- Prescribe appropriate exercises and medications



This module is the 2nd of four modules leading to the award of the '**Certificate in Musculoskeletal Medicine**'. The course has been run by the AAMM in Brisbane for 3 years and has been highly rated by participants.

Each module comprises a pre-reading component of ~ 6 hours in preparation for a 1 day interactive workshop with small group tutorials, hands on physical examination & treatment techniques and case discussions.

The 4 modules are (i) low back pain (ii) neck and upper back pain (iii) upper limb pain and (iv) lower limb pain.

Modules can be taken independently. All 4 modules must be successfully completed to receive the certificate.

<b>WHEN?</b>	<b>Saturday 5<sup>th</sup> December 2020, 8.30 am – 5.00 pm</b>
<b>WHERE?</b>	<i>College House, 15 Gover St, North Adelaide SA 5006</i>
<b>TUTORS:</b>	Dr Ramona Chryssidis – Musculoskeletal Medicine Practitioner, Adelaide Dr Jennie Wright – GP & Musculoskeletal Medicine Practitioner, Adelaide
<b>MODULE COST:</b>	GPs/Specialists - \$640; AAMM members- \$540; Registrars - \$440; Repeat modules- \$340 (includes pre-reading material, lunch, morning and afternoon tea)
<b>CONTACT:</b>	Visit <a href="https://aamm.org.au/courses-conference/">https://aamm.org.au/courses-conference/</a> for bookings and further details. Enquiries to Carmela <a href="mailto:aamm.sa.cert@gmail.com">aamm.sa.cert@gmail.com</a>

An application has been made for this module to be an RACGP CPD Accredited Activity with 40 CPD program points and to be accredited with ACRRM for 8 Educational Activity Hours and 7 Performance Review Hours in the 2020-2022 triennium