

# Australian Association of Musculoskeletal Medicine

## CERTIFICATE IN MUSCULOSKELETAL MEDICINE

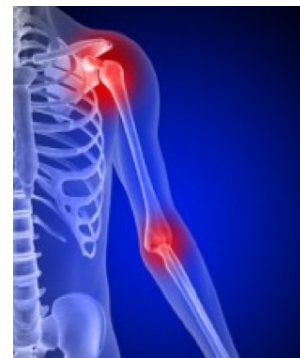
### MODULE 3

## ASSESSMENT AND MANAGEMENT OF UPPER LIMB PAIN

*A learning module for doctors wanting to boost their skills and confidence in managing upper limb pain.*

#### Learn how to:

- Sharpen your diagnostic skills with more focused history taking
- Refine your physical examination skills and understand your findings
- Target and interpret upper limb investigations
- Make a specific diagnosis leading to effective treatment. Conditions include rotator cuff disorders, osteoarthritis, capsulitis, epicondylalgia, nerve entrapments and tenosynovitis
- Do joint and bursa injections in your office
- Perform basic manual therapy and trigger point injections in your office
- Prescribe appropriate exercises and medications



This module is the third of four modules leading to the award of the '**Certificate in Musculoskeletal Medicine**'. The course has been run by the AAMM in Brisbane for 3 years and has been highly rated by participants.

Each module comprises a pre-reading component of ~ 6 hours in preparation for a 1 day interactive workshop with small group tutorials, hands on physical examination & treatment techniques and case discussions.

The 4 modules are (i) low back pain (ii) neck and upper back pain (iii) upper limb pain and (iv) lower limb pain.

Modules can be taken independently. All 4 modules must be successfully completed to receive the certificate.

<b>WHEN?</b>	<b>Saturday 10<sup>th</sup> April 2021, 8.30 am – 5.00 pm</b>
<b>WHERE?</b>	<i>College House, 15 Gover St, North Adelaide SA 5006</i>
<b>TUTORS:</b>	Dr Ramona Chryssidis – Musculoskeletal Medicine Practitioner, Adelaide Dr Jennie Wright – GP & Musculoskeletal Medicine Practitioner, Adelaide
<b>MODULE COST:</b>	GPs/Specialists - \$690; AAMM members - \$590; Registrars - \$490; Repeat modules - \$390 (includes pre-reading material, lunch, morning and afternoon tea)
<b>CONTACT:</b>	Visit <a href="https://aamm.org.au/courses-conference/">https://aamm.org.au/courses-conference/</a> for bookings and further details. Enquiries to Carmela at <a href="mailto:aamm.sa.cert@gmail.com">aamm.sa.cert@gmail.com</a>

This module is awaiting approval as an accredited activity with RACGP and ACRRM.